

Sandbach & Surrounding Area

Activity Timetable

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SANDBACH							
Sandbach Library The Commons, Sandbach CW11 1FJ 01270 375355	Storytime for under-fives, 10.30-11, weekly, (term time only) Free	Baby Bounce for babies up to walking, 2-2.30, weekly, (term time only), Free	Rhymetime for under-fives, 10.30-11, weekly, Free	Thumbs Up It's Thursday, story and crafts for under-fives, 10.30-11 (term time only) Free			
		Adult craft session, monthly, 10-11, £1.50, all materials supplied, includes refreshments			Knit and natter, monthly, 11-12, £1 to include refreshments		
					Shared Reading, monthly, 10-11, £1 to include refreshments		
Sandbach Children's Centre Crewe Road, Sandbach, CW11 4NS 01270 371235	Babies Together (weekly) 10 – 11.30am. For babies under 1. Book via Eventbrite	SMILE Group (weekly), 10 - 12pm. Perinatal support for parents No booking needed	Stay & Play (weekly) 10 – 11.30am. Book via Eventbrite	Baby & Me, 10 – 11am 4 week course for parents and baby from birth to 12 weeks. Contact Children's Centre for more information	Buggy Walk at Sandbach Park second Friday of the month 10 – 11am No booking required		

	Little Stars (weekly)1 – 2.30pm. No booking required. For children with diagnosed or undiagnosed additional needs and their parents	Weaning advice Last Tuesday of the month 1.30 – 2.30pm Book via Eventbrite		Cherubs Breastfeeding Support group (weekly) 1.00 – 2.30pm No booking required	Toddlers Together (weekly) 10 – 11.30am Book via Eventbrite		
St Mary's Church High Street, Sandbach CW11 1AL 01270 762379	Tiddlers 9.00-10.30am (Term Time only) All pre school children are welcome with their carers. Play and Praise, drinks and snacks - no charge but donations gratefully received.			Bereavement group: Every Thursday at 10.30am			8.00am – Service lasts about half an hour 10.00 am Service. Baby & Children's area available. Refreshments follow in the church hall
				Thursday Teas: Every Thursday (except the 1st Thursday of the month) 9.30am-1pm. All are welcome to join us for a drink and a bite to eat			

<p>Sandbach Baptist Church The Oasis Community Centre, 36 Green Street, Sandbach, CW11 1GX.</p> <p>Contact 07843 742512</p>	<p>The Welcome Bap</p> <p>Monday mornings apart from Bank Holiday, 10 till 12.</p> <p>Transport to and from Oasis can be provided for you if needed.</p>	<p>Tots & Co - Every Tuesday morning during school term time, 10.00 - 12.00. No charge but donation of £1 suggested</p>		<p>Knit and Natter</p> <p>2nd and 4th Thursday of the month</p> <p>2:00-3:30pm.</p>	<p>Sandbach Urban Saints</p> <p>7.15pm to 8.30pm for boys and girls aged 9 upwards, for games and a message in a supportive environment.</p>		<p>Morning Service 10.30am. Held at Sandbach Primary Academy, Crewe Rd, Sandbach CW11 4NS Informal family friendly service Refreshments following the service.</p>
<p>Unity Methodist Church, The Wesley Centre, Wesley Avenue Sandbach CW11 1DG</p> <p>01270 750078</p>			<p>Craft and Chat 2 - 4pm. Join us for craft activities (sewing, knitting, etc), light refreshments and plenty to talk about!</p>	<p>The Pantry@Sandbach Hub 10-12pm and 2.30-4.30pm £3 per week for individuals & £5 for families Contact sandbachpantry@gmail.com for information and details of referring agencies</p>	<p>Stepping Stones Baby and Toddler group 9.30-11:30am during term-time for accompanied pre-school age children. Cost £2</p>	<p>Coffee Morning, 10 – 12pm, every Saturday 10-12. On 3rd Saturday information & support is available for people living with Dementia.</p>	<p>All services start at 10:30am and will be held at The Wesley, unless otherwise stated.</p> <p>Coffee and tea will be served after the services, please join us.</p>
<p>Market Tavern 8 Market Square, Sandbach CW11 1AT</p>		<p>Dementia Friendly Sandbach - Coffee Mornings held on the first Tuesday each month, 10am,</p>					

		and second Thursday @Sandbach Rugby Club, 11am. 07593 533260					
Sandbach Rugby Club, Bradwall Road, Sandbach CW11 1RA				Dementia Friendly Sandbach - Coffee Mornings held on the second Thursday of the month at 11am. 07593 533260			
Sandbach Town Hall, High Street, Sandbach, CW11 1AX 01270 600800		Community Cinema Second Tuesday of the month. Doors open at 6.30pm, film at 7.30pm £6 per ticket					
Military Arms Congleton Road, Sandbach CW11 1HJ mnewton@uwclub.net						Veterans Breakfast Club, once a month at 9am. Small Breakfast £3, large breakfast £5	
Sandbach Art Rooms 2 Bradwall Road, Sandbach, CW11 1GB.					'Craft & Natter Group' 1 – 3pm Bring a craft or join in with the		

01270 757757					activity of the day. Refreshments provided. £5pp.		
ELWORTH							
St Peter's Church School Lane, Elworth, Sandbach, CW11 3HU 01270 762213			ABC Baby Group on a Wednesday (term time) 10 – 11.30am		Coffee and Company, Friday 9.00 - 11.30am (Drop-in coffee shop)		Services take place at 9.00am, 10.30am and 6.30pm.
					Xplore Youth Group Age 6 – 11 (6.30 – 7.45pm) and Age 11 – 15 (7.45pm)		
					Explore + is for anyone in years 7 to 11. 7.45 pm during terms time		
Elworth Methodist Church, CW11 3JG Contact jean.ellershaw@btinternet.com	Monday 11.00 - 3.00 Coffee and light lunches in the coffee lounge. Donations welcome	Tuesday 10.00 - 1.30 Coffee and lunches (Lunch 12.00 - 1.30) Donations welcome		Thursday 10.00 - 3.00 Coffee & lunch in the coffee lounge Donations welcome	Friday 9.00 - 11.30 Bacon baps & light refreshments in the coffee lounge. Donations welcome		Sunday services are held at 10.30a.m. and are followed by tea / coffee.
	1.00 - 3.00 Pick 'n' mix - a different topic each week of the month which						

	includes crafts, pit your wits, nostalgia, board games Donations welcome						
Elworth Grange Care Home James Brindley Drive (Off Booth Lane), Sandbach CW11 3TQ 01270 439950	Coffee Morning, 10.30 – 12pm. Once a month						
WHEELOCK							
New Horizons Church Crewe Road, Wheelock, Sandbach, CW11 3RT jayne.unitymc@ gmail.com			Social Club. First Wednesday of the month, 2 - 3pm. Free to attend, including hot drink				All services start at 10:30am and will be held at The Wesley, unless otherwise stated. Coffee and tea will be served after the services, please join us.
			Stepping Stones Babies and Toddlers group, 9.15-10:45am during term-time.				
			Food and Friendship Lunch,				

			second Wednesday of the month, 12noon. Soup and pudding included				
Christ Church Wheelock, 635 Crewe Road, Sandbach CW11 3RZ		Knit and natter group. First Tuesday of the month at 2pm. £1 including a hot drink and a biscuit or cake					Sunday Morning service and live streaming at 10:45am
01270 501538							
Cheshire Cheese, 466-468 Crewe Road, Wheelock, Cheshire CW11 3RL				“Cheesy Crochet” from 12-2pm People are asked to buy a drink but there is no obligation to do so.			
01270 346600							
ETTILEY HEATH							
Church of Ettiley Heath Elton Road, Ettiley Heath, Sandbach, CW11 3NE			1st Wednesday in every month a Fellowship Lunch – soup and sandwiches tea or coffee £1 donation only			Breakfast / Brunch club. Last Saturday of the month, 10-12. Full English £5.50	Sunday Morning Services only at 10.30am
01270 882231						1st Saturday of the month. Sandbach board games group. 1-4pm.	

						£3 for a family group including hot drinks for all.	
BRERETON							
St. Oswald's CofE Church Brereton Park, Brereton CW11 1RY info@BreretonLife.com			"Welcome Wednesday" on the first Wednesday of the month from 11.30 -2.00pm; light lunch of soup and bread and cheese (donations to cover costs).				BCP Communion Every Sunday at 9 a.m. for 45m Eucharist - Every Second, Third, Fourth, Fifth Sunday at 10:30 a.m. for 1hr All Age Service Every First Sunday at 10:30 a.m. for 45m
HASLINGTON							
St Matthew's Church, 112 Crewe Road, Haslington CW1 5RD 01270 501538			Wednesday Morning at 9:45am for Holy Communion				Sunday Morning service at 11:00am

USEFUL INFORMATION

Support with utilities:

Warm Home Discounts are going live in November 2022

There is also the United Utilities Hardship fund for water debt - [Application form - United Utilities Trust Fund : United Utilities Trust Fund \(uutf.org.uk\)](#)

There are also the Household Support Funds through CE

- www.cheshireeast.gov.uk/household-support-fund
- www.cheshireeast.gov.uk/household-support-inquiry

Utility hardship grants:

Energy suppliers will support young people to access up to 3 emergency top ups in times of crisis (although I have known them to do more than this on occasion)

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/#h--a-name-grants-to-help-pay-energy-debts-a-grants-to-help-pay-off-your-energy-debts>

The following energy suppliers offer grants to their customers:

- British Gas Energy Support Fund - [apply for a grant on the British Gas Energy Trust website](#)
- Scottish Power Hardship Fund - [apply for a grant on the Scottish Power Hardship Fund website](#)
- Ovo Energy Fund - [apply for a grant on the Ovo Energy Fund website](#)

- E.ON Energy Fund - [apply for a grant on the E.ON Energy Fund website](#)
- E.ON Next Energy Fund - [apply for a grant on the E.ON Next Energy Fund website](#)

- EDF Energy Customer Support Fund - [sign up to the priority services register to apply for a grant on the EDF Energy website](#)
- Bulb Energy Fund - [apply for a grant on the Bulb Energy Fund website](#)
- Octopus 'Octo Assist Fund' - [apply for a grant on the Octopus website](#)
- Shell Energy Support Fund - [apply for help on the Shell Energy website](#)

Check if you can get a grant from the British Gas Energy Trust – www.britishgasenergytrust.org.uk/grants-available/

The [Energy Saving Trust](#) has shared some quick and easy tips to save energy and money.

The Homeworker has some suggestions for some desk-based staff. It can be hard to keep warm throughout the day when you're not moving much, so it's important to make the most of the times you do move to avoid getting too cold. Here are some practical tips that may give you some ideas for beating the chill and avoid turning up the heating! [How to keep warm and costs down when you work from home - The Homeworker](#)

Tips and tricks to cutting costs:

Martin Lewis - [90 ways to save on the cost of living](#)

This is money - [50 tips to beat the cost of living crunch | This is Money](#)

This is money - [Best money management apps to keep track of your finances | This is Money](#)

Supermarket Comparison - [Get the Trolley.co.uk App - Compare supermarket prices on-the-go - Trolley.co.uk](#)

Too Good to Go: [Save Food - Help The Planet | Too Good To Go](#)

Money saving blogs and resources: [45 Money Saving Blogs That Could Rival Money Saving Expert - Savings 4 Savvy Mums](#)

Loyalty apps [Over 50 Of The Best Loyalty Cards And Discount Apps In The UK - Household Money Saving](#)