

Middlewich & Surrounding Area

Activity Timetable

Venue	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MIDDLEWICH							
Middlewich Methodist Church, Booth Lane, Middlewich, CW10 0EF 01260 271954	Allsorts Group, every other week – refreshments, games, 1.30 – 3.30pm £1.50	Knit and Natter (weekly) 1.15 – 12 noon	Middlewich Hub Second Wednesday of the month For information about organisations attending please contact Lucie Ferneyhough (07929 717909)			Coffee Morning once a month 10 – 11am £2	Church Service 10.30 - 11.30am Tea and coffee are served after the service
Middlewich Library 22 Lewin Street, Middlewich CW10 9AS 01606 288070	Learn my Way 2 – 4pm. Self-guided online short courses Free	Rhymetime 10.00 - 10.30am - weekly. Suitable for pre-school children. Free event		Stories and Songs 10.00 - 10.30am - weekly. Stories, rhymes and activities for pre-school children and their grown-ups. Free	British Sign Language - 10.00am onwards - fortnightly. Join our BSL basics signing group. All adult beginners welcome. Free	Crafter-days - 10.30 -12 .30pm - monthly. £2.50 includes all materials and refreshments.	
	Mini Builders - 10.00 - 10.30am - weekly. Suitable for pre-school children. Story themed	Middlewich Hub 10.30 – 12.00 noon First Tuesday of the Month.		Learn my Way 2 – 4pm. Self-guided online short courses Free	Check it Out! - 3.15 - 4.15pm - monthly children's book group. Enjoy games, crafts	Lego Club 11.00 - 12.00 noon – every 4 weeks. Free, drop-in event.	

	building and free play. Free	For information about organisations attending please contact Lucie Ferneyhough (07929 717909)			and stories. Free.		
					Knit and Natter - 2.30 - 3.30pm - weekly. From beginners to experts, just bring along your knitting, crochet, or needlework, Enjoy a chat and a cuppa. Free; £1.00 for refreshments		
Middlewich Town Council Victoria Buildings, Lewin Street, Middlewich CW10 9AS 01606 833434			Middlewich Warm Space 3 – 5pm Includes a free drink				
			CW10 Youth Hub 6.00 – 8.00pm Yr 6 – 16 Free				
Wych Centre Civic Way Middlewich				Middlewich Youthie 5 – 8pm			

Cheshire CW10 9BX 01606 835043				Ages 8 – 12 years			
St Michael and All Angels Church Hightown, Middlewich, Cheshire CW10 9AN	1.15pm SMILERS - Parents/Carers with their under 5s. Play, singing, story and craft. Term time only. FREE	9.30am HEALING SERVICE	7.30pm WORSHIP GROUP rehearsal Please contact us for further details	9.30am HOLY COMMUNION Service			9.15am HOLY COMMUNION (Traditional Service)
01606) 738005 or admin@middlewichparishchurch.org.uk	7.00pm FESTIVAL CHOIR - Community Choir for all abilities from high school age. <i>Please contact us for further details.</i> FREE			7.00pm CHOIR rehearsal Please contact us for further details		HERITAGE TRAILS IN CHURCH 11am-3pm on the 2nd Saturday of every month. FREE	11.00am ALL AGE CELEBRATION (Service with childrens activities)
No 28, Hightown, Middlewich, CW10 9AN	Serving hot drinks and snacks. 10 am to 1pm	Soup and sandwiches available 10 am to 1pm		Serving hot drinks and snacks. 10 am to 1pm			
See contact details above	MOTHERS' UNION Typically meet on the 2nd Tuesday of each month			CRAFT AND CHAT 2.00pm Last Thursday of every month. FREE			

<p>St Mary's R C Church, 2 New King Street, Middlewich CW10 9EB</p> <p><u>01606 832359</u></p>				<p>Craft Group - every second Thursday 1.00 - 3.00pm. Contribution £1</p>	<p>Carers & Tots - every Friday 10.00am. Contribution £1</p>		
<p>United Reformed Church, 53 St Ann's Rd, Middlewich CW10 9BY</p> <p>01606 832661</p>			<p>Over 60's Group Second and Fourth Wednesday, 2.00 – 4.00pm Anyone looking to join the club can contact Norma Taylor 01606 833883</p>	<p>Church Coffee Morning First Thursday of the Month, 10.00 – 11.00am £1.50 inc. drink and a crumpet or teacake</p>			
			<p>Café Worship Third Wednesday of the month, 1pm Tea and coffee, sandwiches, savouries and home-made cake. Donations welcome</p>				

			Middlewich Women's Club First Wednesday of the month at 2.00pm. For more information contact 01606 833115 or 01606 832308				
Middlewich Community Church 34-36 Brooks Lane, Middlewich, CW10 0JG			Microtots Baby & Toddler Group 9.45 – 11.30am £1 per child inc. refreshments				Main Service, 10.30am Kids (Reception – Yr 6) & Youth Church (Yr 7+) run alongside main service
01606 835928			Connect 50 (ladies group for age 50+) – Meet the 3rd Wednesday of every month 13:30 – 15:00 Free				
Willowmere, East Road, Middlewich, Cheshire CW10 9HW	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	9.00 - 3.45pm Sunday Lunch in the restaurant

01606 835 413 Activities for over 55's	Tai Chi 10-11am All abilities welcome. £7	Reading Group every Tuesday 10.30am Free	Friendship Group with Len 1.30 – 3.30pm Free		Wii Sports 3pm Free	Meditation exercises with Jai 10-11am Free	
	11am Art class with Rob All abilities welcome. Free	Tuesday 10-11 Pilates £5 per class.	Crafting 4pm Free	Cheshire East Carers Hub Second Thursday of the month) 10.30 – 12.30pm	Indoor Bowling and refreshments – Every other Friday. All abilities welcome.	Quiz – Every Saturday at 1.30pm. £1	
		Tuesday 11-12 Qi Gong (Tai Chi) £5 per class.		Cash Bingo with Bob (every other week) 3pm 3 Games £5			
				Card Making 4pm Free			
Turnpike 78 Warmingham Lane, Middlewich, CW10 0DJ 01606 831268						Middlewich Armed Forces and Veterans Breakfast Club meet every third Saturday in the month at 10:00.	

						Free to participate, all you pay for is your breakfast	
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USEFUL INFORMATION

Support with utilities:

Warm Home Discounts are going live in November 2022

There is also the United Utilities Hardship fund for water debt - [Application form - United Utilities Trust Fund : United Utilities Trust Fund \(uutf.org.uk\)](https://www.uutf.org.uk)

There are also the Household Support Funds through CE

- www.cheshireeast.gov.uk/household-support-fund
- www.cheshireeast.gov.uk/household-support-inquiry

Utility hardship grants:

Energy suppliers will support young people to access up to 3 emergency top ups in times of crisis (although I have known them to do more than this on occasion)

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/#--a-name-grants-to-help-pay-energy-debts-a-grants-to-help-pay-off-your-energy-debts>

The following energy suppliers offer grants to their customers:

- British Gas Energy Support Fund - [apply for a grant on the British Gas Energy Trust website](#)
- Scottish Power Hardship Fund - [apply for a grant on the Scottish Power Hardship Fund website](#)
- Ovo Energy Fund - [apply for a grant on the Ovo Energy Fund website](#)
- E.ON Energy Fund - [apply for a grant on the E.ON Energy Fund website](#)
- E.ON Next Energy Fund - [apply for a grant on the E.ON Next Energy Fund website](#)

- EDF Energy Customer Support Fund - [sign up to the priority services register to apply for a grant on the EDF Energy website](#)
- Bulb Energy Fund - [apply for a grant on the Bulb Energy Fund website](#)
- Octopus 'Octo Assist Fund' - [apply for a grant on the Octopus website](#)
- Shell Energy Support Fund - [apply for help on the Shell Energy website](#)

Check if you can get a grant from the British Gas Energy Trust – www.britishgasenergytrust.org.uk/grants-available/

The [Energy Saving Trust](#) has shared some quick and easy tips to save energy and money.

The Homeworker has some suggestions for some desk-based staff. It can be hard to keep warm throughout the day when you're not moving much, so it's important to make the most of the times you do move to avoid getting too cold. Here are some practical tips that may give you some ideas for beating the chill and avoid turning up the heating! [How to keep warm and costs down when you work from home - The Homeworker](#)

Tips and tricks to cutting costs:

Martin Lewis - [90 ways to save on the cost of living](#)

This is money - [50 tips to beat the cost of living crunch | This is Money](#)

This is money - [Best money management apps to keep track of your finances | This is Money](#)

Supermarket Comparison - [Get the Trolley.co.uk App - Compare supermarket prices on-the-go - Trolley.co.uk](#)

Too Good to Go: [Save Food - Help The Planet | Too Good To Go](#)

Money saving blogs and resources: [45 Money Saving Blogs That Could Rival Money Saving Expert - Savings 4 Savvy Mums](#)

Loyalty apps [Over 50 Of The Best Loyalty Cards And Discount Apps In The UK - Household Money Saving](#)