

# ALSAGER INFORMATION LEAFLET



[www.alsagercommunitysupport.org.uk/](http://www.alsagercommunitysupport.org.uk/) or just drop in between 9.30 and 12.30pm Monday to Friday.

**Cheshire East Council** – For information about services please visit [cheshireeast.gov.uk](http://cheshireeast.gov.uk) or call the Information Line on 0300 123 5500. For more ways to contact Cheshire East Council, please visit [Contact Us \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk).

**Alsager Library** – Sandbach Road North, Alsager, ST7 2QH. For more information about groups and sessions, please contact 01270 375325, [alsager.library@cheshireeast.gov.uk](mailto:alsager.library@cheshireeast.gov.uk) or just drop in.

**Live Well Website** - For more information about groups, activities and support visit the Cheshire East Council Live Well Website - <https://www.cheshireeast.gov.uk/livewell/livewell.aspx>

**Police** - Online services for Cheshire Constabulary; report a crime, get help and advice and read the latest news and appeals ([www.cheshire.police.uk](http://www.cheshire.police.uk)). In an emergency call 999 and for a non-emergency call 101

**Cheshire Fire and Rescue** – For more information about the services they offer visit [www.cheshirefire.gov.uk](http://www.cheshirefire.gov.uk). In an emergency call 999. For general enquiries and non-emergency assistance call 01606 868700.

**FlexiLink** is a transport service for Cheshire East residents if you have a disability, are aged 80 or over, or live beyond the reach of any other public transport. The fare is £3 per journey or free with a concessionary bus pass. To book a journey call 0300 123 5110 between 10.00am - 1.00pm Monday to Friday.

**Contact Hub** is the first contact for all things 0-19+ including health visitors, school nurses and infant feeding. Tel: 0300 1234058, email [wchc.cehub@nhs.net](mailto:wchc.cehub@nhs.net), [www.wchc.nhs.uk/children](http://www.wchc.nhs.uk/children)

**Everybody Health & Leisure** - Alsager Leisure Centre, Hassall Road, Alsager, ST7 2HP, 01270 685601, [alsager@everybody.org.uk](mailto:alsager@everybody.org.uk), <https://everybody.org.uk/locations/alsager/>



October 2022

## **Benefits, Financial & Housing Support**

**Cheshire East Council** provide a number of benefits for residents.

[www.cheshireeast.gov.uk/benefits](http://www.cheshireeast.gov.uk/benefits)  
[www.cheshireeast.gov.uk/emergencyassistance](http://www.cheshireeast.gov.uk/emergencyassistance)  
[www.cheshireeast.gov.uk/fsm](http://www.cheshireeast.gov.uk/fsm)  
[www.cheshireeast.gov.uk/bluebadge](http://www.cheshireeast.gov.uk/bluebadge)

0300 123 5013 Council Tax Support, Housing Benefit, Emergency Assistance (help in a crisis)

0300 123 5012 Free School Meals and Blue Badges

[benefits@cheshireeast.gov.uk](mailto:benefits@cheshireeast.gov.uk)  
[emergencyassistance@cheshireeast.gov.uk](mailto:emergencyassistance@cheshireeast.gov.uk)  
[freeschoolmeals@cheshireeast.gov.uk](mailto:freeschoolmeals@cheshireeast.gov.uk)  
[bluebadge@cheshireeast.gov.uk](mailto:bluebadge@cheshireeast.gov.uk)

**Cost of Living support** - [Cost of living \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk/cost-of-living)

**Money Matters** - [Help with Debt \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk/help-with-debt)

**Cheshire East Council Housing Team** - All Housing services can be contacted on 0300 123 5017. If the office is closed and you are homeless in an emergency, you can contact our out of hours number 0300 123 5025. For more information, please visit [Housing \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk/housing)

**Alsager Community Support** offers a face to face enquiry and advice service covering a range of issues, including benefits checks & access to grants with help to apply. Also, a school uniform recycling scheme, free sanitary products, access to cheap or free furniture etc, job vacancies, help to access cheaper utilities, phones etc.

**Citizens Advice Cheshire East** - National Adviceline which people can call free on 0800 1448848. This is open Monday to Friday from 9am to 5pm. ([www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)).

**Springboard Cheshire** will give you personalised one to one support to help you get straight into employment if you have recently been made redundant, chosen to change your career or just left college. For more information call 0300 123 5809 or visit [www.torusfoundation.org.uk/opportunity/springboard/](http://www.torusfoundation.org.uk/opportunity/springboard/)

**Parents First** provides 12 months free personalised support for parents of 2, 3 and 4 year old children to explore training and education opportunities relative to their individual goals and/or to support parents to find meaningful employment. If you are interested to learn more about our support then call 07442963798 or email [Parentsfirst@cheshireeast.gov.uk](mailto:Parentsfirst@cheshireeast.gov.uk)

**Journey First** programme provides intensive 1-2-1 support for people aged 15+ including cared for children and care leavers, those with special educational needs, adults who are not in a job, education or training and have a range of needs such as mental health conditions or homelessness. For more information, please call 07814079458 or email [journeyFirst@cheshireeast.gov.uk](mailto:journeyFirst@cheshireeast.gov.uk).

**New Leaf** is a voluntary program that supports people who are out of work with help from a dedicated mentor providing 1-2-1 guidance and support. For more information email [newleaf@torus.co.uk](mailto:newleaf@torus.co.uk) or call 01925 452131.

**Cheshire East Council** – For more information on what support is available to help you get back into employment, apprenticeships and volunteering, please visit [Careers, Jobs and Skills \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk/careers-jobs-and-skills)

## **Useful Information**

**Alsager Town Council**, 3 Lawton Road, Alsager ST7 2AE. Contact 01270 876440. Office opening times Mondays and Tuesdays 10am-12pm, [www.alsagertowncouncil.gov.uk](http://www.alsagertowncouncil.gov.uk)

**Alsager Community Support** - Access is from Fairview (Civic) Car Park, next to the Community Church. Contact 01270 876605, [info@alsagercommunitysupport.org.uk](mailto:info@alsagercommunitysupport.org.uk),

October 2022

Rode Heath & Scholar Green. Also shopping & driving to lunch club and medical appointments for older or vulnerable people. All delivered by local volunteers.

**Lingua GM** focus on supporting and re-engaging people within the Middle Eastern communities. Tackling loneliness, Mental Health Support low level (befriending and higher level) for young people and adults. Helpline 07814634576 Email: [info@linguagm.com](mailto:info@linguagm.com)

**Wishing Well** deliver a telephone befriending service to tackle loneliness. For more information email [gill.tarrant@wishingwellproject.net](mailto:gill.tarrant@wishingwellproject.net).

**Cheshire Buddying & Befriending Service & Wellbeing Service** – Are you over 50 and living in Cheshire? Are you lonely or isolated? Get in touch 07919 327131, [befriending@changing-lives-together.org.uk](mailto:befriending@changing-lives-together.org.uk). Referrals from organisations preferred.

## Employment

**Jobcentre Plus**, Wellington House, 38-44 Delemere Street, Crewe, CW1 2JY, Telephone: 0845 604 3719

**Job Centre Plus**, 30 King Edward Street, Macclesfield, SK10 1AE, Tel: 0845 604 3719

**Job Centre Plus**, Wagg Street, Congleton, CW12 4BD; Tel: 0800 169 0190

[www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus), 0800 169 0190

**Alsager Community Support** has a local jobs page on their website, updated fortnightly <https://alsagercommunitysupport.org.uk/jobs-search/>. A Jobs Board listing basic Alsager jobs can be viewed at our centre. Our volunteers can also help with compiling a CV and help with applications etc.

**Job Help** - Support, training and advice on finding your next opportunity [www.jobhelp.campaign.gov.uk](http://www.jobhelp.campaign.gov.uk)

**Cheshire and Warrington Opportunities** - [www.candwopportunities.co.uk](http://www.candwopportunities.co.uk)

**Benefits**, are you receiving everything you should be? [www.entitledto.co.uk](http://www.entitledto.co.uk)

**Breathing Space (Debt Respite Scheme)** - If you live in England or Wales, you can get temporary protection from your creditors while you get debt advice. [www.stepchange.org/how-we-help/breathing-space-scheme](http://www.stepchange.org/how-we-help/breathing-space-scheme)

**Money Helper** – Free and Impartial help with benefits, family and care, money troubles, everyday money, pensions and more. <https://www.moneyhelper.org.uk/en>

## Fuel and Food Support

**Cheshire East Council** - [Help with heating your home \(cheshireeast.gov.uk\)](http://cheshireeast.gov.uk) email: [warm@cheshireeast.gov.uk](mailto:warm@cheshireeast.gov.uk), Telephone: 0300 123 5017 (option 4)

**Save Energy Advice Line** - Energy Projects Plus provide a telephone advice service on 0800 043 0151 for Cheshire East residents, offering a wide range of advice on energy efficiency, help with prepayment meters, switching energy suppliers, managing fuel debt and much more.

**Alsager & District Foodbank referral** information can be found here: [www.alsagerfoodbank.org.uk/](http://www.alsagerfoodbank.org.uk/)

**Green Doctor** - Energy efficiency experts helping households to stay warm and well and save money on their utility bills. Services include advice with energy and water, support to apply for the Warm Home Discount, Priority Services Registers, switching suppliers, grants and advice on energy debt. Also provide free energy savings devices to eligible residents. Freephone - 0330 1740 863, [greendoctor.clm@groundwork.org.uk](mailto:greendoctor.clm@groundwork.org.uk)

**Local Energy Advice Partnership (LEAP)** - Freephone 0800 060 7567, email [support@applyforleap.org.uk](mailto:support@applyforleap.org.uk) or visit <https://applyforleap.org.uk/>

**Wishing Well Meals** - We deliver meals to your home Monday to Saturday. These are delivered between 11.30-1.30pm for £4.95 for a dinner and pudding (a snack or salad are also available). To book a meal or for more information, please contact 01270 256919 or email [gill.tarrant@wishingwellproject.net](mailto:gill.tarrant@wishingwellproject.net).

October 2022

## Health and Wellbeing

**The Cedars Medical Centre**, 12 Sandbach Road South, Stoke-On-Trent, ST7 2LU, 01270 275606, [www.cedarsmedicalcentre.nhs.uk/](http://www.cedarsmedicalcentre.nhs.uk/)

**Merepark Medical Centre**, Alsager Health Centre, 12 Sandbach Road South, Alsager, ST7 2LU, 01270 275600, [www.merepark.nhs.uk](http://www.merepark.nhs.uk)

**Green Moss Medical Centre**, Portland Drive, Scholar Green, ST7 3BT, 01270 376800, [www.greenmossmedicalcentre.nhs.uk](http://www.greenmossmedicalcentre.nhs.uk),

**Leighton Hospital** - Middlewich Road, Crewe, Cheshire, CW1 4QJ, Tel: 01270 255141

**NHS 111** - 111 is a free-to-call single non-emergency number medical helpline operating in England. [www.111.nhs.uk](http://www.111.nhs.uk)

**Visyon** is a charity that supports the emotional health of children, young people and their families. For all enquiries, referrals and appointments call 01260 290000 or email [administration@visyon.org.uk](mailto:administration@visyon.org.uk)

**SWANS** support young people age 11 – 18 suffering from poor mental health due to the effects of the Lockdowns and Covid-19. For more information please contact [swans-cic@outlook.com](mailto:swans-cic@outlook.com)

**Mentell** provides circles for men aged 18+ to talk in a safe and confidential space, free from advice and judgement. For more information visit [www.mentell.org.uk/](http://www.mentell.org.uk/)

**Healthwatch Cheshire** is an independent voice for the people to help shape and improve local health and care services and we want to hear about your views, needs and experiences. We can also signpost or refer you to local health or social care and provide information about what to do when things go wrong. For more information call 0300 323 0006 or visit [www.healthwatchcheshireeast.org.uk](http://www.healthwatchcheshireeast.org.uk).

**Alternative Solutions Social Prescribing** is a holistic support service accessible via your local GP surgery

**Mind** provide advice and support to empower anyone experiencing a mental health problem. Contact details for Mid Cheshire Mind: 01606 863305, [Office@midcheshiremind.org.uk](mailto:Office@midcheshiremind.org.uk), [www.midcheshiremind.org.uk](http://www.midcheshiremind.org.uk)

**MyCWA Cheshire without Abuse** – Support for survivors of domestic abuse. Call the 24-hour domestic abuse hub on 0300 123 5101 or visit <https://www.mycwa.org.uk/> for more information.

**Cheshire East Carers' Hub** provides a single point of access for all Carers including both young and adult Carers. The hub will ensure that Carers of all ages will have access to information, advice and a wide range of support services. Contact the Service Access Team for more information on 0300 303 0208 or [enquiries@cheshireeastcarershub.co.uk](mailto:enquiries@cheshireeastcarershub.co.uk).

**Chapter** provide a volunteer delivered telephone listening service, called Connect, for adults experiencing loneliness/isolation and mild/moderate mental ill-health. Tel: 01244 344409 or visit <https://chaptermentalhealth.org/referrals/>

**Revival** support vulnerable older people aged 55+ living at home to rebuild confidence and support with practical tasks, connecting them back into their local communities and providing low level mental health support. Tel: 0333 014 3389 Email: [hello@thisisrevival.org.uk](mailto:hello@thisisrevival.org.uk)

**Crossroads Together** deliver Community Links - bridging the gap from home and community, working flexibly/responsively, supporting adults and/or those with disabilities/long-term health conditions. Tel: 01260 583012 Email: [CLCE@crossroadstogether.org.uk](mailto:CLCE@crossroadstogether.org.uk)

**Neuromuscular Centre** provides safe opportunities and activities for the Neuromuscular community. Targeting individuals and families living with a long-term condition, who have experienced significant hardship, isolation and loneliness during the pandemic period. Call 01606 860911

## Befriending Services

**Alsager Community Support** provides a local face to face and/or telephone befriending and service for people in Alsager, Church Lawton,

October 2022