

Alsager & Surrounding Area

Activity Timetable

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ALSAGER							
Alsager Library Sandbach Road North, Alsager, ST7 2QH 01270 375325	RhymeTime 11am – 11.30am weekly Suitable for babies and pre-school children Free	Thriller book group-2.30-3.30 Second Tuesday of the month. Free of charge or donation welcome.	Coffee Morning 10 -12pm Free of charge or donation Welcome	Last Thursday of month -Games Club-2.30- 3.30pm Free of charge or donation welcome.	Alsager Memory Café Support group for people with dementia & carers. Last Friday of month 10.30-12.30. Free. 01270 873975	Family Rhymes and Stories - 11.00 - 11.30am First Saturday of the month. Free, drop-in session	
				Alsager Chess Club – 10 – 12pm Weekly. The club will be attending our coffee mornings - details above			

	Lego Club 3.30 – 4.30pm weekly Suitable for all, children must be accompanied by an adult Free	French Conversation with Danielle - 2.30 - 3.30pm - weekly. All abilities welcome. No need to book in advance. Free	Third Wednesday of month-Stories out loud 2.30- 3.30. Free of charge or donation welcome.		Stories and Songs for pre- school children 11am – 11.30am from Friday 4th November Free		
	Colour and Chat Circle Weekly 2.00 – 4.00pm Free of charge				Baby RhymeTime 2pm – 2.30pm weekly For babies from 0 to crawling Free		
	Conversational Italian 2pm – 3pm All abilities welcome. No need to book in advance. Free						
Wesley Place Methodist Church 30 Lawton Road, Alsager ST7 2AF	Monday Fun 14:00 - 16:00 Tea and play a variety of table- top games. Contribution of £1 (not compulsory) to	The Ark Playgroup Meets every Tuesday 9:45 – 11:30am (Term time only) Parent and child £2.50	Midweek Service 11.00 – 1pm Church is open for quiet reflection with a short, informal service at 11:30am.	The Dinner Hub 3 – 5pm Free meal. All welcome	Coffee and Chat – A chance for carers /parents /guardians with children with additional needs can come together and	Men's Fellowship Breakfast Once a month at 8:45	Morning Service 10:30 - 11:30 Adventurers caters for children of all ages, from

	help towards the costs.	Additional child £1 Refreshments included	Refreshments available afterwards or bring your own lunch		chat. Children can join and play. Refreshments available for free.		babies to young adults. We meet at 10.30am (except YouTube Worship Week)
			The Walking Fellowship meet usually every second and fourth Wednesday in the month.	Sparkz Kids Club – Yr 2 – 6 5.30 – 7.00pm during term time. Games, stories, crafts and tuck shop			Evening Service 18:30-19:30
				Ablaze Year 7 - Year 13 7:00 – 8:30pm Include sport activities, games and lots of chill time			
Christ Church 35 Church Road, Alsager ST7 2HS 01270 872291	Big Breakfast 8 – 10am £3 per adult and £1 for school aged children	Craft Group 1pm		Coffee & Communion First and third Thursday of the month, 10.30am Coffee and cake included Free	Chat & Chill, 3.15 – 4.15pm – free after school board club for Alsager School students. Term time only. Free hot chocolate & home made cakes		9am Reflective Service 11am Informal Service Prayer 6 - 7pm every Sunday
	Parent Chat, 10am	Tea On Tuesday, 4 – 5.30pm		Ablaze Youth Club, age 11 –			Messy Church, one Sunday per

		Free meal for families, with activities and a short bible story Term time only		18. Includes free snack and drink and free meal once a month. Term time only			month, 11 – 1pm. Includes free lunch for families
	Cherubs Toddler Group 1.30 – 3.00pm £1 per child inc drinks and snack						
United Reformed Church Brookhouse Road, Alsager ST7 2PA 01260 273873	Soup and Sing, 1 – 3pm. Cost £3			Thursday Afternoon Fellowship, 2 – 3.30pm (Fortnightly). No cost but asked for donation of £1 if able	Carry on Dancing Top to Toe exercise Fridays 10-11.30 £2 incl refreshments. Valerie 07817 172052	First Saturday of the month Coffee Morning	Morning Worship & Junior Church every Sunday at 10.30am
						Board Games for Mental Health Every third Saturday, 2 – 4pm. Free of charge	Evening Worship (Third Sunday in the month) 6.30pm
St Mary's Church Crewe Road, Alsager ST7 2EW 01270 879114			Third Wednesday of the month 'Tea & Chat' with board games 2.00pm				10:30am Holy Communion - Face to Face & Live Streamed Service
			Memory Choir – informal singing for people with				

			memory problems, second Wednesday of the month 2.00 – 3.30pm £2.50 Monthly Tel Kath 01270 873975				
Alsager Community Church 5 Lawton Road Alsager ST7 2AA 01270 873859		The Coffee Shop 9:00am- 1:30pm	The Coffee Shop 9:00am- 1:30pm	The Coffee Shop 9:00am- 1:30pm	The Coffee Shop 9:00am- 12:30pm		9:30am Prayer meeting Main service starts at 10:30am Kids Church at 10.30am
				Little Treasures 9:30-11:30am £1.50 for the first child and 50p for each additional child. Includes a snack (toast and sugar-free juice)			
Alsager Civic Centre 3 Lawton Road, Stoke-On-Trent ST7 2AE		Lunch Club every Tuesday at 12pm for seniors Cost £5 Transport can be arranged 07513 378398	Parents & Tots (Sandbach Children's Centre) Once a month For children up to 5 years old. 9.30 – 11.30am	Lunch Club every Thursday at 12pm for seniors Cost £5		Olive & Stitch Market Third Saturday of the month 9.30am – 1pm	

01270 879711			Free No booking required	Transport can be arranged 07513 378398		Animals in Need Coffee Morning Second Saturday of the month 9.30 – 11.30am	
			Royal British Legion Coffee Morning, every third Wednesday 10am – 12pm Donations Welcome				
			Civic Cinema Last Wednesday of the month. £5				
			Civic Bingo at 6.30pm – 9.30pm £1 to join £2 to play				
13 Club Cedar Avenue, Alsager, Stoke On Trent ST7 2PH 01270 873194		Alsager Bridge Club 19:00 – 22:00 Table money is £2 for members and £3 for non- members.	Alsager Bridge Club 13:30 – 16:30 Contact Annie Eardley afeoug@gmail.com or 078250569077	Stroke Survivors Group, 10.30 – 12:30 £2 per person inc. refreshments	Heydays Social fun for the 65s and over including those living with dementia. Friday 2-4.30pm £3 inc. refreshment. Kath 07443 492573		Alsager Bridge Club 19:00 – 22:00

				Geezers Games and chat for men aged 65 and over 1.30-3.30. £2 Kath 07443 492573			
Alsager Social Club Longview Avenue, Alsager, ST7 2EA 01270 875065		Coffee Shop 1.00 – 5.00pm	Free Pool in the games room from 4.30pm	Knit and Knatter 9.30am - 12.00noon Donations welcome	Coffee Shop 9.00 – 12.00pm		
			Cash Bingo 8.30pm £3.60 for a 6 ticket book of 5 games, and £1.00 for a 6 ticket flyer game				
The Plough Crewe Rd, Alsager, Stoke- On-Trent ST7 2JN alsagerrbl@gmail.com						Alsager Royal British Legion Breakfast Club – Last Saturday of the month, 9 – 11am. £3 for a small breakfast	
Milton Park 16 Crewe Rd, Alsager, Stoke- On-Trent ST7 2ES				Buggy Walk First Thursday of the month, 10 - 11am. No booking required			

(Sandbach Children's Centre) 01270 371235							
RODE HEATH							
Rhema Church, Chapel Lane, Rode Heath, Cheshire ST7 3SD 07900632172	Knit & Natter Every other Monday from 2pm to 3:30pm including refreshments. Suggested donation of £1			Little Tots Baby & Toddler Group Every Thursday from 10am to 11am (During School Term Time) Enjoy a cuppa & biscuits. Suggested donation of £1			Rhema Church Sunday Service Every Sunday at 11am in an atmosphere of faith & friendship. Followed by refreshments
Church of the Good Shepherd 119 Sandbach Rd, Rode Heath, Stoke-On-Trent			Warm Wednesday social gathering every Wednesday 12noon to 5 pm. Free				
CHURCH LAWTON							
Church Lawton Memorial Hall Liverpool Road West, ST7 3DA		Bereavement Support 9.30 -12.30					

<p>Please contact Joyce Key before attending the groups on 01270 872157 07936 185328</p>		<p>Exercise group Tripudio 2pm-3pm.</p> <p>For all levels of fitness, can be done sitting down (for those unable to stand) and is open to all, free of charge.</p>					
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OAKHANGER

<p>Oakhanger Methodist Church and Community Centre, Butterton Lane, Oakhanger, Crewe, Cheshire CW1 5UU</p> <p>01270 882158 07999 932963</p>			<p>Ladies Craft Group meets every Wednesday from 2pm to 4pm Free of charge</p>				<p>1st and 3rd Sundays at 6.30pm. Service followed by tea/coffee.</p>
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SCHOLAR GREEN

<p>Scholar Green Village Hall Church Lane Scholar Green ST7 3QQ</p> <p>01782 784011</p>		<p>Nimble Fingers Friendship & Craft Group 1.15 – 3.45pm £2.50 inc. drink and a cake</p>			<p>Scholar Green Babies and Toddler Group 9.15 – 10.15am £2.50 per family inc. drink and a biscuit See Facebook page for more information</p>		
MOW COP							
<p>Mow Cop Methodist Church, Primitive Street, Mow Cop, ST7 3NH</p>		<p>Luncheon Club every Tuesday 11.20 am to 2.30 pm.</p>					
<p>St Luke's Church, 46 Clare St, Mow Cop, Stoke-on-Trent ST7 4PE</p>		<p>Community choir every Tuesday 7pm to 9 pm. £3 donation</p>			<p>Free hot meal every Friday 2 pm to 4 pm.</p> <p>St Luke's Larder community foodbank on Fridays.</p> <p>Residents with genuine mobility problems can ask for a lift on 0757 0790 244.</p>		

USEFUL INFORMATION

Alsager U3A Offers a variety of groups, courses and day trips. Low cost yearly membership required. **01270 873975**

Books on Wheels Delivers library books/talking books to housebound and isolated people. **01270 375325**

ICare Community Meals Hot meals delivered to your door www.icarecuisine.co.uk 0845 604 1125

Red Cross Support at Home Up to 2 weeks' support for shopping/help when family is on holiday. Free 01270 255141 ext 2789

St Vincent de Paul (SVP) Offers friendship, companionship and practical support to vulnerable people of all ages. 07510 223337

Talking Newspapers Local news for people with a visual impairment or disability. Free service 01606 760661

Wishing Well Community Meals Freshly cooked hot food. 2 courses. Delivered. £4.75 01270 256919

Support with utilities:

Warm Home Discounts are going live in November 2022

There is also the United Utilities Hardship fund for water debt - [Application form - United Utilities Trust Fund : United Utilities Trust Fund \(uutf.org.uk\)](http://www.uutf.org.uk)

There are also the Household Support Funds through CE

- www.cheshireeast.gov.uk/household-support-fund
- www.cheshireeast.gov.uk/household-support-inquiry

Utility hardship grants:

Energy suppliers will support young people to access up to 3 emergency top ups in times of crisis (although I have known them to do more than this on occasion)

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/#h--a-name-grants-to-help-pay-energy-debts-a-grants-to-help-pay-off-your-energy-debts>

The following energy suppliers offer grants to their customers:

- British Gas Energy Support Fund - [apply for a grant on the British Gas Energy Trust website](#)
- Scottish Power Hardship Fund - [apply for a grant on the Scottish Power Hardship Fund website](#)
- Ovo Energy Fund - [apply for a grant on the Ovo Energy Fund website](#)

- E.ON Energy Fund - [apply for a grant on the E.ON Energy Fund website](#)
- E.ON Next Energy Fund - [apply for a grant on the E.ON Next Energy Fund website](#)
- EDF Energy Customer Support Fund - [sign up to the priority services register to apply for a grant on the EDF Energy website](#)
- Bulb Energy Fund - [apply for a grant on the Bulb Energy Fund website](#)
- Octopus 'Octo Assist Fund' - [apply for a grant on the Octopus website](#)
- Shell Energy Support Fund - [apply for help on the Shell Energy website](#)

Check if you can get a grant from the British Gas Energy Trust – www.britishgasenergytrust.org.uk/grants-available/

The [Energy Saving Trust](#) has shared some quick and easy tips to save energy and money.

The Homeworker has some suggestions for some desk-based staff. It can be hard to keep warm throughout the day when you're not moving much, so it's important to make the most of the times you do move to avoid getting too cold. Here are some practical tips that may give you some ideas for beating the chill and avoid turning up the heating! [How to keep warm and costs down when you work from home - The Homeworker](#)

Tips and tricks to cutting costs:

Martin Lewis - [90 ways to save on the cost of living](#)

This is money - [50 tips to beat the cost of living crunch | This is Money](#)

This is money - [Best money management apps to keep track of your finances | This is Money](#)

Supermarket Comparison - [Get the Trolley.co.uk App - Compare supermarket prices on-the-go - Trolley.co.uk](#)

Too Good to Go: [Save Food - Help The Planet | Too Good To Go](#)

Money saving blogs and resources: [45 Money Saving Blogs That Could Rival Money Saving Expert - Savings 4 Savvy Mums](#)

Loyalty apps [Over 50 Of The Best Loyalty Cards And Discount Apps In The UK - Household Money Saving](#)